



ST. CHRISTOPHER & NEVIS

Ministry of Social Development and Gender Affairs
Victoria Road, Basseterre
St. Kitts, W.I
Tel. No: (869) 467-1254
Fax No: (869) 466-1552
E-Mail: skngenaff@gov.kn

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To Whom It May Concern,

It is with deep gratitude and heartfelt appreciation that I write this letter of recommendation for **Ms. Michelle Broadnax**, who has served as a transformative facilitator within both our **Prison Rehabilitation Program** and the **Project Viola Teen Mothers Program** under the Department of Gender Affairs.

Michelle had the great honor of leading sessions using her original curriculum, *"5 S's & a C That's Me" Women's Development and Prison Divisions*, and it has left an undeniable imprint on the hearts and minds of the women we serve. Through this powerful framework rooted in **Self-Worth, Singleness, Self-Love, Sacredness, Surrender, and Confidence** Michelle has opened sacred, safe spaces that invite healing, reflection, and the reclamation of identity.

What stood out most in my experience working with her was her unwavering authenticity and compassion. Michelle did not just show up as a facilitator, she showed up as a sister, a mentor, and a guide. Her ability to connect on a soul level, especially in settings where women are often navigating deep wounds and unspoken pain, is a rare gift. Her sessions offered not only guidance but also spiritual nourishment and emotional safety, which are often missing in traditional rehabilitative efforts.

Michelle's teachings on

- **"Embracing True Love and Letting Go of Pseudo Love"**,
- **"Embracing Singleness as a Season of Strength"**,
- **UNTRIGGERED: A 2-DAY HEALING WORKSHOP FOR MELANATED WOMEN**
- **Unlock Your Inner Power: 40 Action Steps for Survivors**
- **Single S#2**

were especially impactful. These topics resonated deeply with both our incarcerated women and teen mothers, many of whom had never been given permission, let alone tools to redefine their worth outside of external validation or broken relationships. I witnessed women sit taller, speak clearer, and shed tears of release and realization during her sessions.

The *5 S's & a C That's Me* curriculum has not only proven valuable for personal empowerment but also offers tremendous potential as a replicable model across communities in **St. Kitts and Nevis** and beyond. Its holistic approach blending spiritual insight, emotional wellness, and practical guidance can truly serve as a blueprint for women's development and healing globally.

Michelle Broadnax remains deeply committed to holding sacred space for the women she serves. She considers it a divine honor to walk alongside them on their healing journeys, and I consider it an equal honor to have worked alongside her.

I wholeheartedly recommend Ms. Broadnax and her transformative curriculum to any organization, institution, or program seeking meaningful, soul-centered development for women. Her presence is not only impactful it is revolutionary.

S. Charles

Shinnel Charles (Mrs.)
Director
Department of Gender Affairs

